

Curriculum Vitae

**MAURO LOMBARDO, MD**

Dipartimento di Scienze Umane e Promozione della Qualità della Vita.

Università Telematica San Raffaele, Roma  
via Val Cannuta 247, 00166 rome (italy)

E-mail: mauro.lombardo@uniroma5.it

Informazioni personali

Paese Italia  
Data di nascita 03.09.1976

Educazione

2003 Laurea in Medicina e Chirurgia col Lode. Università di Roma Tor Vergata , Italia  
2007 Specialista in Scienze dell'Alimentazione col Lode. Università di Roma Tor Vergata , Italia

Esperienza professionale

2012 ad oggi Ricercatore (tipo A; med/49), Dipartimento di Scienze Umane e Promozione della Qualità della Vita,  
Università Telematica San Raffaele, Roma  
dal 2003 al 2012 Medico, Centro per l'Obesità, Ospedale PTV, Università Tor Vergata, Roma, Italia

**PRINCIPALI RESPONSABILITÀ DIDATTICHE E CORSI UNIVERSITARI**

2018 ad oggi "Nutrizione umana e controllo ormonale", Facoltà di Scienze Motorie - Calcio, Università Telematica San Raffaele, Roma, Italia  
2015 ad oggi "Alimentazione e stato di salute. Modelli nutrizionali tradizionali e innovativi", Facoltà Magistrale in Scienze della Nutrizione Umana, Università Telematica San Raffaele, Roma, Italia  
2015 ad oggi "Metodologia della prevenzione: controllo ormonale e dietetica", Facoltà Magistrale in "Scienze e tecniche della prevenzione e delle attività motorie adattate", Università Telematica San Raffaele, Roma, Italia  
2013 ad oggi "Scienze della Nutrizione Umana", Facoltà di "Scienze dell'Alimentazione e Gastronomia", Università Telematica San Raffaele, Roma, Italia  
2011 ad oggi "Endocrinologia e Nutrizione Umana", Facoltà di Scienze Motorie, Università Telematica San Raffaele, Roma, Italia

**ALTRE RESPONSABILITÀ DIDATTICHE E CORSI UNIVERSITARI**

2011 "Nutrition aspects" - Training course for Technical Sports Operator for Tourism organized by the University of Rome Tor Vergata"  
2011 "Nutrition in the young Athlete" - Training Course for Technical Sports Operator for Tourism organized by the University of Rome Tor Vergata  
2011 - 2013 "Topics of nutrition, body composition, energy expenditure in the Athlete" - Higher Fitness Trainer Education course with funding from the European community  
2011 "Body weight: body composition models" - Communication training course in nutrition education -  
2010 "Nutrition and energy expenditure of sports" - Course for technical sports operator in tourism Degree in Motor Sciences - University of Rome Tor Vergata  
2009 "Lifestyle interventions to prevent cardiometabolic diseases" - Medical Summer School - University of Rome Tor Vergata

- 2008 "Topics on ethics in human nutrition" - Ethics of sport - Degree in Motor Sciences - University of Rome Tor Vergata
- 2007-2008 "Nutrition" at the training course "Technical director of sports activities" of the educational institution CNOS - Degree in Sport Science - University of Rome Tor Vergata
- 2007-2009 "Topics on sport nutrition" - the International Shooting Academy on
- 2007 "The complications of artificial nutrition" - at the Nursing Master in Public Health - 2nd edition 2005/07 - Tor Vergata University of Rome
- 2006 "Nutrition in Sports" - the Master in Economics and Sport Management of the University of Rome Tor Vergata

#### Research Fields

Dieta Mediterranea  
 Nutrizione sportiva negli anziani  
 Follow-up nutrizionale dei pazienti bariatrici  
 Crono-nutrizione  
 Celiachia  
 Infiammazione nell'obesità

#### Membro del Editorial Board

Ruolo/ Rivista Scientifica Editorial Board "Nutrition & Metabolism" -IF 3.5 - Indexed in Scopus - ISSN: 1743-7075 - <https://nutritionandmetabolism.biomedcentral.com/about/editorial-board>  
 Editorial Board - "Nutrition & Food Science" --SSN: 0034-6659 – IF 0.7 (Indexed in scopus) - [https://emeraldgroupublishing.com/products/journals/editorial\\_team.htm?id=nfs](https://emeraldgroupublishing.com/products/journals/editorial_team.htm?id=nfs)  
 Associate Editor - "BMC Endocrine Disorders" - IF 2.027 - Indexed in SCOPUS - ISSN: 1472-6823 <https://bmcendocrdisord.biomedcentral.com/about/editorial-board>  
 Editorial Board - PLOS ONE - Q1 - ISSN 19326203 - <https://journals.plos.org/plosone/static/editorial-board>

#### Revisore per Riviste Scientifiche:

1. Nutrition and Metabolism
2. Nutrition & Food Science
3. International Journal of Environmental Research and Public Health
4. BMC Endocrine Disorders
5. Nutrients
6. Acta Diabetologica
7. Eating and Weight Disorders - Studies on Anorexia, Bulimia and Obesity
8. Medicina
9. BioFactors
10. Biomedical and Pharmacology Journal
11. British Food Journal
12. Journal of Sports Sciences
13. Mediterranean Journal of Nutrition and Metabolism
14. Mini-invasive Surgery
15. Antioxidants
16. Applied Physiology, Nutrition, and Metabolism
17. BMC Rheumatology
18. Current Research in Nutrition and Food Science Journal
19. European Journal of Clinical Nutrition
20. European Journal of Nutrition
21. Foods
22. Sports
23. Topics in clinical nutrition
24. Food & Function
25. Patient Preference and Adherence
26. Healthcare
- 27.

#### Membro di Società Scientifiche Nazionali

- 2012 ad oggi Italian Society of Obesity (S.I.O.).  
 2019 ad oggi Italian Society for Bariatric Surgery and Metabolic Disorders (S.I.C.O.B.)

Lombardo, Mauro, Bellia, Chiara, Moletto, Cristian, Aulisa, Giovanni, Padua, Elvira, Della-Morte, David, Caprio, Massimiliano, Bellia, Alfonso (2020). Effects of Quality and Quantity of Protein Intake for Type 2 Diabetes Mellitus Prevention and Metabolic Control. CURRENT NUTRITION REPORTS, ISSN: 2161-3311, doi: 10.1007/s13668-020-00324-2

Lombardo, Mauro, Perrone, Marco Alfonso, Guseva, Elena, Aulisa, Giovanni, Padua, Elvira, Bellia, Chiara, Della-Morte, David, Iellamo, Ferdinando, Caprio, Massimiliano, Bellia, Alfonso (2020). Losing Weight after Menopause with Minimal Aerobic Training and Mediterranean Diet. NUTRIENTS, vol. 12, ISSN: 2072-6643, doi: 10.3390/nu12082471

Moriconi, Eleonora, Feraco, Alessandra, Marzolla, Vincenzo, Infante, Marco, Lombardo, Mauro, Fabbri, Andrea, Caprio, Massimiliano (2020). Neuroendocrine and Metabolic Effects of Low-Calorie and Non-Calorie Sweeteners. FRONTIERS IN ENDOCRINOLOGY, vol. 11, ISSN: 1664-2392, doi: 10.3389/fendo.2020.00444

Lombardo, Mauro, Padua, Elvira, Campoli, Francesca, Panzarino, Michele, Mîndrescu, Veronica, Annino, Giuseppe, Iellamo, Ferdinando, Bellia, Alfonso (2020). Relative handgrip strength is inversely associated with the presence of type 2 diabetes in overweight elderly women with varying nutritional status. ACTA DIABETOLOGICA, ISSN: 0940-5429, doi: 10.1007/s00592-020-01588-4

Anas R Alashram, Elvira Padua, Ahmad K Hammash, Mauro Lombardo, Giuseppe Annino (2020). Effectiveness of virtual reality on balance ability in individuals with incomplete spinal cord injury: A systematic review. JOURNAL OF CLINICAL NEUROSCIENCE, ISSN: 0967-5868, doi: 10.1016/j.jocn.2020.01.037

Aulisa, Giovanni, Binda, Claudio, Padua, Elvira, Pratesi, Antonio, Bellia, Alfonso, Bellia, Chiara, Lombardo, Mauro (2020). If we eat soy, do we keep the beneficial effects of the Mediterranean diet?. NUTRITION & FOOD SCIENCE, vol. ahead-of-print, ISSN: 0034-6659, doi: 10.1108/NFS-10-2019-0322

Bellia, Alfonso, Ruscello, Bruno, Bolognino, Rolando, Briotti, Gianluca, Gabrielli, Paolo Roberto, Silvestri, Adriano, Rosazza, Cristina, Ambruso, Francesca, Lombardo, Mauro, Bernardini, Andrea, Calabrese, Cosimo, Lauro, Davide, D'Ottavio, Stefano (2020). Whole-body Electromyostimulation plus Caloric Restriction in Metabolic Syndrome. INTERNATIONAL JOURNAL OF SPORTS MEDICINE, ISSN: 0172-4622, doi: 10.1055/a-1171-2003

Bellia, Chiara, Lombardo, Mauro, Della-Morte, David (2020). Use of troponin as a predictor for cardiovascular diseases in patients with type 2 diabetes mellitus. CLINICA CHIMICA ACTA, ISSN: 0009-8981, doi: 10.1016/j.cca.2020.04.007

Marco Alfonso Perrone, Ferdinando Iellamo, Bruno Donatucci, Giuseppe Caminiti, Mauro Lombardo (2020). OXIDATIVE STRESS, REDOX STATE AND ANTIOXIDANT SUPPLEMENTATION IN PHYSICAL EXERCISE AND PROFESSIONAL SPORTS: A BRIEF REVIEW. ACTA MEDICA MEDITERRANEA, vol. 2020, ISSN: 0393-6384, doi: 10.19193/0393-6384\_2020\_2\_195

Mauro LOMBARDO, Chiara BELLIA, Giovanni AULISA, Antonio PRATESI, Marco A. PERRONE, Elvira PADUA, Ferdinando IELLAMO, Massimiliano CAPRIO, Alfonso BELLIA (2020). The different daily distribution of proteins does not influence the variations in body composition in a sample of subjects undergoing a low-calorie mediterranean-type diet. MINERVA GASTROENTEROLOGICA E DIETOLOGICA, ISSN: 1827-1642, doi: 10.23736/S1121-421X.20.02694-X

Mauro LOMBARDO, Marco A. PERRONE, Giovanni AULISA, Paola PELLEGRINI, Elvira PADUA, Chiara BELLIA, Giuseppe ANNINO, Alfonso BELLIA, Massimo FEDERICI, Ferdinando IELLAMO (2020). Diet high in protein-rich foods with structured sport activity may be useless to lose fat mass and maintain fat-free mass. MINERVA GASTROENTEROLOGICA E DIETOLOGICA, ISSN: 1827-1642, doi: 10.23736/S1121-421X.20.02704-X

Padua E, D'Amico AG, Alashram A, Campoli F, Romagnoli C, Lombardo M, Quarantelli M, Di Pinti E, Tonanzi C, Annino G. Effectiveness of Warm-Up Routine on the Ankle Injuries Prevention in Young Female Basketball Players: A Randomized Controlled Trial. Medicina (Kaunas). 2019 Oct 16;55(10). pii: E690. Doi: 10.3390/medicina55100690. PubMed PMID: 31623096.

Lombardo M, Giovanni Aulisa, Elvira Padua, Giuseppe Annino, Ferdinando Iellamo, Antonio Pratesi, Massimiliano Caprio, Alfonso Bellia. Gender Differences In Taste And Foods Habits. Nutrition And Food Science (in Press). Ssn: 0034-6659

M. Lombardo, A. Boaria, G. Aulisa, E. Padua, G. Annino, A. Pratesi, M. Caprio, F. Iellamo, A. Bellia (2019). Sarcopenic Obesity: Etiology And Lifestyle Therapy.. European Review For Medical And Pharmacological Sciences, Vol. 23, P. 7152-7162, Issn: 1128-3602, Doi: 10.26355/Eurrev\_201908\_18761

Mauro Lombardo, Arianna Franchi, Elvira Padua, Valeria Guglielmi, Monica D'adamo, Giuseppe Annino, Paolo

Gentileschi, Ferdinando Iellamo, Alfonso Bellia, Paolo Sbraccia(2019). Potential Nutritional Deficiencies In Obese Subjects Five Years After Bariatric Surgery. *Bariatric Surgical Practice And Patient Care*, Vol. 14, P. 1-6, Issn: 2168-0248, Doi: 10.1089/Bari.2019.0009

Guglielmi V, Bellia A, Gentileschi P, Lombardo M, D'adamo M, Lauro D, Sbraccia P (2018). Parathyroid Hormone In Surgery-Induced Weight Loss: No Glucometabolic Effects But Potential Adaptive Response To Skeletal Loading.. *Endocrine*, Vol. Feb;59(2):, P. 288-295, Issn: 1355-008x, Doi: Doi: 10.1007/S12020-017-1477-0

Padua E, Campoli F, Manzi V, Panzarino M, Lombardo M, Melchiorri G, Tancredi V, Lebone P, Palazzo F, Annino G. (2018). Water Versus Land-Based Exercises As Physical Training Programs In Elderly.. *Journal Of Sports Medicine And Physical Fitness*, Vol. 6, P. 802-809, Issn: 0022-4707, Doi: 10.23736/S0022-4707.17.07307-8

Alfonso Bellia, Ferdinando Iellamo, Elisa De Carli, Aikaterini Andreadi, Elvira Padua, Lombardo M, Giuseppe Annino, Francesca Campoli, Sara Tartaglione, Stefano D'ottavio, David Della-Morte, Davide Lauro (2017). Exercise Individualized By Trimpi Method Reduces Arterial Stiffness In Early Onset Type 2 Diabetic Patients: A Randomized Controlled Trial With Aerobic Interval Trainin. *International Journal Of Cardiology*, Issn: 0167-5273, Doi: <http://Dx.Doi.Org/10.1016/J.Ijcard.2017.06.065>

Annino, Giuseppe Iellamo, Ferdinando, Palazzo, Francesco, Fusco, Augusto, Lombardo M, Campoli, Francesca, Padua, Elvira (2017). Acute Changes In Neuromuscular Activity In Vertical Jump And Flexibility After Exposure To Whole Body Vibration. *Medicine*, Issn: 1536-5964, Doi: 10.1097/Md.00000000000007629

Giovanni Melchiorri, Giuseppe Annino, Michele Panzarino, Valerio Viero, Francesca Campoli, Lombardo M, Elvira Padua (2017). Proposal For A Physical Fitness Evaluation Test Battery Of An Italian Elderly Population . *Medicina Dello Sport*, Issn: 0025-7826, Doi: 10.23736/S0025-7826.17.03098-8

Lombardo M, R. Magarotto, F. Marinelli, E. Padua, M. Caprio, G. Annino, A. Bellia, F. Iellamo (2017). Ideal Reduction Of Calories For Greatest Reduction Of Body Fat And Maintenance Of Lean Body Mass. *The Journal Of Aging Research And Clinical Practice*, Issn: 2258-8094, Doi: <http://Dx.Doi.Org/10.14283/Jarcp.2017.1>

Padua E, Campoli F, Manzi V, Panzarino M, Lombardo M, Melchiorri G, Tancredi V, Lebone P, Palazzo F, Annino G. (2017). Water Versus Land-Based Exercises As Physical Training Programs In Elderly.. *Journal Of Sports Medicine And Physical Fitness*, Issn: 0022-4707, Doi: 10.23736/S0022-4707.17.07307-8

G Annino, B Ruscello, P Lebone, F Palazzo, Lombardo M, E Padua, L Verdecchia, V Tancredi, F Iellamo (2015). Acute Effects Of Static And Dynamic Stretching On Jump Performance After 15 Min Of Reconditioning Shooting Phase In Basketball Players. *The Journal Of Sports Medicine And Physical Fitness*, Issn: 1827-1928

Lombardo M, Bellia Alfonso, Mattiuzzo Francesca, Franchi Arianna, Ferri Carola, Elvira Padua, Guglielmi Valeria, D'adamo Monica, Giuseppe Annino, Gentileschi Paolo, Iellamo Ferdinando, Lauro Davide, Federici Massimo, And Sbraccia Paolo. (2015). Frequent Follow-Up Visits Reduce Weight Regain In Long-Term Management After Bariatric Surgery.. *Bariatric Surgical Practice And Patient Care*, Vol. 10, Issn: 2168-0248, Doi: 10.1089/Bari.2015.0021.

Giovanni Di Cola, Francesca Jacoangeli, Fabrizio Jacoangeli, Lombardo M, Ferdinando Iellamo (2014). Cardiovascular Disorders In Anorexia Nervosa And Potential Therapeutic Targets . *Internal And Emergency Medicine*, Vol. 9, P. 717-721, Issn: 1828-0447

Lombardo M, A. Bellia, E. Padua, G. Annino, V. Guglielmi, M. D'adamo, F. Iellamo, P. Sbraccia (2014). Morning Meal Is More Efficient For Fat Loss In A Three-Months Lifestyle Intervention. *Journal Of The American College Of Nutrition*, Vol. 33, P. 198-205, Issn: 0731-5724, Doi: 10.1080/07315724.2013.863169

A Bellia, M Salli, Lombardo M, M D'adamo, V Guglielmi, C Tirabasso, L Giordani, M Federici, D Lauro, C Foti, P Sbraccia (2013). Effects Of Whole Body Vibration Plus Diet On Insulin-Resistance In Middle-Aged Obese Subjects. . *International Journal Of Sports Medicine*, Issn: 0172-4622, Doi: Doi:10.1055/S-0033-1354358

Bellia A, Garcovich C, D' Adamo M, Lombardo M, Tesauo M, Donadel G, Gentileschi P, Lauro D, Federici M, Lauro R, Sbraccia P (2013). Serum 25-Hydroxyvitamin D Levels Are Inversely Associated With Systemic Inflammation In Severe Obese Subjects.. *Internal And Emergency Medicine*, Vol. 2, P. 81-85, Issn: 1970-9366, Doi: 10.1007/S11739-011-0559-X

Giuseppe G Marazzi, Ferdinando F Iellamo, Maurizio M Volterrani, Lombardo M, Francesco F Pelliccia, Daniela D Righi, Fabrizia F Grieco, Luca L Cacciotti, Luigi L Iaia, Giuseppe G Caminiti And Giuseppe G Rosano (2012). Comparison Of Microlife Bp A200 Plus And Omron M6 Blood Pressure Monitors To Detect Atrial Fibrillation In Hypertensive Patients.. *Advances In Therapy*, Vol. *Advances In Therapy* January 2012, Volume 29, Issue 1, Pp 64-70, Issn: 0741-238x

Lombardo M, M Boccacci, A Bellia, M D'adamo, P Sbraccia, G M Giorgetti (2009). Peg Infection By Pseudomonas Aeruginosa In Two Patients Hospitalized In The Same Room. *Nutritional Therapy & Metabolism*, Issn: 1828-6232

V Manzi, C Castagna, E Padua, Lombardo M, S D'ottavio, M C Massaro, M Volterrani, F Iellamo (2009). Dose-Response Relationship Of Autonomic Nervous System Responses To Individualized Training Impulse In Marathon Runners. . American Journal Of Physiology. Heart And Circulatory Physiology, Issn: 0363-6135, Doi: 10.1152/ajpheart.00054.2009

G M Giorgetti, Lombardo M, G Sandri, G Brandimarte, A Tursi (2008). A Retrospective Study Of Clinical Manifestations Of Celiac Disease: A 18 Years Review Of Activity In Our Hospital . Giornale Italiano Di Allergologia E Immunologia Clinica, Vol. 18:2, P. 54-60, Issn: 1120-6373

Lombardo M, A Del Monte, G M Giorgetti, F Mattioli, C Ficoneri, M R Bollea (2008). Rapid Decrease Of Resting Energy Expenditure After A Three-Months Lifestyle Intervention In Osas Patients. Nutritional Therapy & Metabolism, 26: 2. 81-85 April-July , Issn: 1828-6232

Lombardo M, G.M. Giorgetti (2008). Può La Malattia Celiaca Influenzare La Funzionalità Del Sistema Nervoso Autonomo Nello Sportivo? Valutazione Delle Disfunzioni Autonomiche Ed Endoteliali Nei Soggetti Affetti Da Celiachia. Coaching & Sport Science Journal, Vol. 3, Issn: 1590-7880

Lombardo M, Giorgetti M (2008). Small Bowel Adenocarcinoma In A Patient With Coeliac Disease. Cases Journal, Vol. 2, P. 81-85, Issn: 1757-1626

M Giorgetti, Lombardo M (2008). Immunopatogenesi Della Malattia Di Crohn E La Celiachia: Possibili Correlazioni Immunopatogenetiche Correlations Between Crohn's And Coeliac Disease. Giornale Italiano Di Allergologia E Immunologia Clinica, Vol. 18, P. 80-85, Issn: 1120-6373

Lombardo M, G.M. Giorgetti, A.T. Rogacien, V. Falanga, P. Spada, G. Darelli, T. De Vito. (2007). Implementation Of A Surveillance Program For Catheter-Related Bloodstream Infections In A General Hospital: Results From A Single-Center Experience. . Nutritional Therapy & Metabolism, Issn: 1828-6232

#### ORAL COMMUNICATIONS

Relatore al "The 3rd International Electronic Conference on Environmental Research and Public Health —Public Health Issues in the Context of the COVID-19 Pandemic". Section: Public Health Statistics and Risk Assessment. Congresso organizzato dal "International Journal of Environmental Research and Public Health" (ISSN 1661-7827 - IF: 2.85). Titolo della relazione: "Potential Nutritional Deficiencies in Obese Subjects 5 Years After Bariatric Surgery". (contributo:presentazione orale) - <https://ecerph-3.sciforum.net> – sciforum-038426 (2021)

Relatore al "The 3rd International Electronic Conference on Environmental Research and Public Health —Public Health Issues in the Context of the COVID-19 Pandemic". Section: Public Health Statistics and Risk Assessment. Congresso organizzato dal "International Journal of Environmental Research and Public Health" (ISSN 1661-7827 - IF: 2.85). Titolo della relazione: "Sarcopenic obesity: etiology and lifestyle therapy". (contributo:presentazione orale) - <https://ecerph-3.sciforum.net> – sciforum-038427 (2021)

Relatore al "The 1st International Electronic Conference on Plant Science" - Section: Plant Nutrition, Plant Physiology and Metabolism. Congresso organizzato dal journal "Plants" (ISSN 2223-7747 - IF: 2.76). Titolo della relazione: "Diet rich in plant protein may prevent type 2 diabetes". (contributo:presentazione orale) - <https://iecps2020.sciforum.net/> - sciforum-038560 (2020)

M. Lombardo - Potential Nutritional Deficiencies In Obese Subjects Five Years After Bariatric Surgery. - (Rome) - M. Lombardo, A. Franchi, E. Padua, V. Guglielmi, M. D'adamo, G. Annino, P. Gentileschi, F. Iellamo, A. Bellia, P. Sbraccia - Xxvii National Congress Italian Society Of Surgery Of Obesity And Metabolic Diseases (SICOB) – 26-28 May 2019- Bologna

M.Lombardo, Round Table On "The Excellence Of The Mediterranean Diet" - Milan, Nutrition Space - State University Of Milan - S.I.O. - S.I.N.U. - A.N.D.I.D. - 03/22/2019

M. Lombardo, "The Myth Of The Proteins In The Gym" - Corpus Sanum In Mind Healthy: A Correct Motor Activity, A Correct Nutrition And Hydration As A Prevention Of The State Of Stress. - Conference Organized By The Telematic University S. Raffaele, Conference Of Degree Courses In Physical Education, A.S.I - (CONI) And Virgin Active - Rome 03/21/2018

M.Lombardo - "Nutrition In The Elderly" - Conference "European Year Of Active Aging: Applied Research. From Improving Self-Sufficiency To The Physical Efficiency Of The Elderly. Perspectives And Developments In The Sector "- Scientific Seminar Promoted By The National Academy Of Sports Culture And By The Association Of Italian Sports Centers, In Collaboration With The Degree Course In Motor Sciences Of The University Of Rome Tor Vergata." - 2012

M. Lombardo - "Nutrition In The Young Athlete" - First Conference Of Sports Medicine - "Physical Activity For Health: From Prevention To Performance" - May 22, 2010 - Department Of Sport Of Valmontone (Rm) And Tor Vergata University From Rome.

M. Lombardo, A.L. Del Monte, M.R. Lupatelli, M.R. Bollea "Evaluation Of Changes In Resting Metabolism, Body Composition And Polysomnographic Findings In Obese Patients With Obstructive Sleep Apnea Syndrome (OSAS) After Dietary And Behavioral Therapy". Xv National Congress - A.I.M.S. - Italian Association Of Sleep Medicine - 2005

- Panzarino M, Campoli F, Lebone P, Ruscello B, D'ottavio S, Lombardo M, Padua E (2015). Effects Of Strength And Standard Low Intensity Training Methods In The Elderly. *Sport Sciences For Health*, Vol. 11, Issn: 1824-7490
- Panzarino M, Campoli F, Lebone P, Ruscello B, D'ottavio S, Lombardo M, Padua E (2015). Effects Of Strength And Standard Low Intensity Training Methods In The Elderly. *Sport Sciences For Health*, Issn: 1824-7490
- A. Bellia, G. Marinoni, C. Tirabasso, M. D'adamo, Lombardo M, M.Federici, D. Lauro, P.Sbraccia. (2012). Livelli Ematici Di Paratormone E Rischio Cardio-Metabolico: Differenze Tra Obesi "metabolicamente Sani" E Insulino-Resistenti. In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) – 2012. Abano Terme, 18-20 Aprile
- A. Bellia, Lombardo M, M.Salli, M.D'adamo, E.Padua, G. Annino, F.Iellamo, C.Foti, P.Sbraccia. (2012). Effetti Della "whole-body Vibration" Sulla Composizione Corporea E Sul Profilo Metabolico In Pazienti Affetti Da Obesità. In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) - 2012. Abano Terme, 18-20 Aprile
- A. Bellia, S. Costa, M. D'adamo, Lombardo M, V.Guglielmi, C.Tirabasso, P.Pasquali, P.Sbraccia (2012). Riduzione Dei Livelli Circolanti Di Paratormone, Senza Modificazioni Della Vitamina D, In Pazienti Obesi Sottoposti A "Sleeve Gastrectomy". In: Congresso Congiunto Sio-Sicob – Abano Terme (Pd) – 2012. Abano Terme, 18-20 Aprile
- Alfonso Bellia, Giorgia Marinoni, Monica D'adamo, Valeria Guglielmi, Lombardo M, Giulia Donadel, Paolo Gentileschi, Davide Lauro, Massimo Federici, Renato Lauro, And Paolo Sbraccia (2012). Parathyroid Hormone And Insulin Resistance In Distinct Phenotypes Of Severe Obesity: A Cross-Sectional Analysis In Middle-Aged Men And Premenopausal Women. *The Journal Of Clinical Endocrinology And Metabolism*, Issn: 0021-972x, Doi: The Journal Of Clinical Endocrinology & Metabolism October 1, 2012 Jc.2012-2513
- Cardellini M., Davato F., Cardolini I., Valentini A., Lombardo M, Lauro D., Sbraccia P., Lauro R., Gentileschi P., Federici M. (2012). L'aumento Dello Spessore Miointimale Nei Pazienti Con Steatosi Epatica Non Alcolica È Correlato Con L'insulina Resistenza E Aumentati Livelli Di Tnfα. In: Congresso Nazionale Sid 2012 A Torino.
- E. Padua, M. Panzarino, P. Lebone, R. Manno, S. D'ottavio, G. Melchiorri, Lombardo M, A. Bellia, B. Ruscello, V. Tancredi, G. Annino. (2012). Effects Of An Intensive Week Training Program On Elderly People.. In: Simes 2012. Palermo, 5-7 Ottobre 2012
- G. Annino, F. Palazzo, L. Verdecchia, S. D'ottavio, Lombardo M, R. La Torre, V. Tancredi, E. Padua (2012). Acute Effects Of Static And Dynamic Stretching On Explosive Strength Performance In Basketball Players. In: Iv Congresso Nazionale Simes Palermo. *Sport Sciences For Health*, Issn: 1824-7490, Palermo, 5-7 Ottobre 2012
- Padua E, Campoli F, Panzarino M, Lombardo M, Annino G. (2017). Physical Activity In Fourth Age: Effects On Strength And Flexibility. In: Simes 2017. *Sport Sciences For Health*, Issn: 1824-7490
- Panzarino M, Annino G, Campoli F, Lombardo M, Padua E. (2017). Use Of A New Gymnastics Tool In Physical Activity In Elderly. . In: Simes 2017. *Sport Sciences For Health*, Issn: 1824-7490, Brescia, 29th September-1st October 2017
- Annino G, Palazzo F, Lebone P, Caronti A, Lombardo M, Campoli F, Padua E, Iellamo F. (2015). The Efficacy Of Plantar Stimulation On Human Balance Control.. *Somatosensory And Motor Research*, Vol. 19:1-6., Pmid: 26287753, Issn: 0899-0220
- Campoli F, Annino G, Panzarino M., Manno R, Tancredi V, Lombardo M, Melchiorri G, Padua E (2015). Influence Of Water Pool Motor Activity As Part Of A Standard Physical Activity Program In Older People. *Sport Sciences For Health*, Issn: 1824-7490
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