



## What's New in IFSO-EC

In 2024, we're thrilled to announce the release of our second newsletter, which has been met with tremendous success! This newsletter serves as a vital tool for keeping us all connected, providing updates on the latest activities and news from IFSO-EC. You can expect to receive this newsletter every two months, and we hope you find it both informative and engaging. We welcome any suggestions or feedback you may have to help us improve further.

For additional information, visit our newly launched website: <https://www.ifso-ec.com/>

***Nicola Di Lorenzo***

IFSO-EC President

***Anna Casajoana***

Chair of Communication and Development committee

## Next congress in Vienna

In 2024, we will be celebrating our congress in **Vienna**.



Explore our **pre-congress courses!**

[IFSO-EC & Young IFSO course: Endoscopic metabolic/ bariatric procedures](#) [May 1, 2024](#)



[IFSO-EC & Young IFSO Laparoscopic cadaver course](#) [May 1, 2024](#)

[Treatment of complications after metabolic/ bariatric surgery](#) [May 1, 2024](#)

## Digital Campus

The IFSO-EC's Digital Campus is a web portal accessible to registered members, offering valuable content such as a Video Gallery featuring surgery videos and past conference presentations, archived Webinars, and a monthly highlighted article in the Journal Club with a concise summary. Explore the Training Program section for selected European bariatric surgery courses of interest. Don't miss out on this wealth of information – register now and join the community by clicking the button below.

[Register to Digital Campus](#)

## Journal Club

It is a dedicated space where our scientific committee carefully selects remarkable articles each month for your reading pleasure. This initiative aims to keep our community updated on the latest research while fostering insightful discussions.

### A Prospective Cohort of Alcohol Use and Alcohol-related Problems Before and After Metabolic and Bariatric Surgery in Adolescents

Graciela E. White, PhD<sup>1\*</sup>, Richard E. Baker, PhD<sup>2</sup>,  
Amita P. Conroy, MD, MPH<sup>3</sup>, Susan Z. Yanovski, MD<sup>4</sup>, Meg H. Zeller, PhD<sup>5</sup>,  
Todd M. Jenkins, PhD<sup>1</sup> and Thomas H. Inge, MD<sup>1</sup>

**Objective:** To describe alcohol use, alcohol-related harm, and alcohol-related problems preoperatively and up to 5 years following metabolic and bariatric surgery (MBS) in adolescents.  
**Background:** Risk for alcohol use and alcohol use disorders (AUD) increases over time in adolescents with severe obesity and related comorbidities in perioperative settings. However, data on habits in adolescents who undergo MBS are limited.  
**Methods:** This study includes 17 adolescents aged 13–19 enrolled in a bariatric prospective cohort study who underwent Roux-Y gastric bypass or vertical sleeve gastrectomy (2007–2013) and reported alcohol use preoperatively and annually postoperatively for up to 5 years. Data on alcohol-related use, alcohol-related harm, and alcohol-related problems were analyzed with Kaplan-Meier estimates of cumulative incidence.  
**Results:** Postoperatively, the median age was 17 years, the median body mass index was 35 kg/m<sup>2</sup>, alcohol consumption and average quantity of

**Keywords:** alcohol, alcohol use disorders, Bariatric, YAG  
J Gen Intern Med 2023;38(10):e202301

Metabolic and bariatric surgery (MBS) for adolescents with severe obesity and related comorbidities is perioperatively considered very safe, effective in resolution of comorbid conditions, and durable through 5 years for weight loss and health outcomes.<sup>1–3</sup> Despite the potential and realized benefits of MBS during adolescence,<sup>4</sup> perioperative and long-term alcohol use disorders (AUD) and harm in adult patients who receive either Roux-Y gastric bypass (RYGB) or vertical sleeve gastrectomy (VSG).<sup>5,6</sup> An evaluation of alcohol use risk showed that adolescents who have a BMI

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### European Training Courses

Discover IFSO-EC's European Training Courses for streamlined access to curated bariatric and metabolic surgery programs. Evaluated by experts, listings offer key details like titles, dates, directors, and registration info. Connect with organizers via emails or logos, linking directly to course websites. Elevate your professional growth with this user-friendly IFSO-EC resource.

**April 11, 2024**

Barcelona, Spain

**XXI B.E.S.T. congress and XIX Bellvitge Bariatric & Metabolic Surgery course**

**June 27, 2024**

Luxembourg

**Become a Bariatric and Metabolic Surgeon – Live Surgery Congress**



## Video Gallery

Explore recent congress highlights, talks, and surgical techniques by European surgeons. Stay informed on the latest advancements in metabolic and bariatric surgery through this dynamic resource.



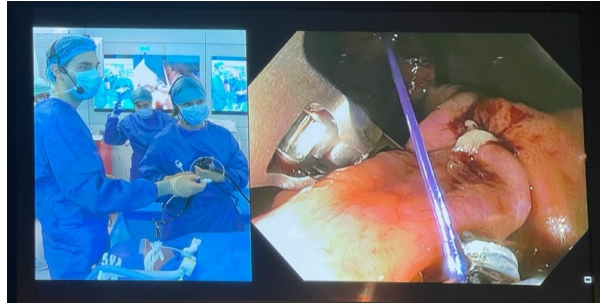
**Recommended video:**

**Are you E-Ready?**

## Young IFSO

In February, Young IFSO attended the **SOFFCO-Jeunes** annual meeting at IRCAD, Strasbourg for a fantastic programme organised by Thibaut Coste and Henry Mercoli. Highlights including a masterful live demonstration of Endoscopic Sleeve Gastroplasty by Silvana Perretta, complex case discussions and hands-on robotic surgery labs.





The first course of Young IFSO's new "**Become a Bariatric and Metabolic Surgeon**" series took place in Naples in February, led by Sonja Chiappetta and Vincenzo Bottino. Young surgeons from 10 countries enjoyed 2 days of lectures and labs learning the fundamentals of bariatric surgical and endoscopic techniques. The second course, with live robotic surgery and video prizes will take place in Luxembourg in June 2024 organised by Bengy Pascotto.



Join us for the next  
**Young IFSO Journal Club**  
on 11 April 2024.

[Register HERE](#)



**14th YOUNG IFSO JOURNAL CLUB** 

**CHAIRS:**  
 SHAHAB SHAHABI  
 WAH YANG

**SESSION I: KEY NOTE LECTURE**  
 "ENHANCING BARIATRIC SURGERY OUTCOMES THROUGH CONTINUOUS QUALITY IMPROVEMENT"  
 ASIM SHABBIR, SINGAPORE

**SESSION II: PAPERS DISCUSSION**  
 "BARIATRIC EVALUATION THROUGH AI: A SURVEY OF EXPERT OPINIONS VERSUS CHATGPT-4 (BETA-SEOV)"  
 AMIR HOSSEIN DAVARPANAH, IRAN

"PREGNANCY OUTCOMES POST-BARIATRIC SURGERY A SINGLE CENTER RETROSPECTIVE STUDY FROM INDIA"  
 RIDDHISH GADANI, INDIA

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<b>PANELISTS</b>	<b>11 APRIL 2024</b>
DANIEL GERO	8 AM NEW YORK
MORITZ FELSENREICH	1 PM LONDON
MOHAMMAD KERMANSARAVI	2 PM CENTRAL EUROPE
ALEKSANDR NEIMARK	3.30 PM TEHRAN
RADHIKA SHAH	5:30 PM MUMBAI
	8 PM SINGAPORE

[REGISTER](#) 



**Roxanna Zakeri**

Young IFSO-EC Representative

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