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Nazionale

SICOB ONLINE

**EFFETTO PREVENTIVO DELLA
CHIRURGIA BARIATRICA SULLE
NEOPLASIE CORRELATE ALL'OBESITÀ**

G. Casella

«Sapienza» Università di Roma



CHIRURGIA BARIATRICA e NEOPLASIE

- AZIONE PREVENTIVA SULLA INSORGENZA ?
- QUAL E' IL MECCANISMO ?
- CHI NE BENEFICIA MAGGIORMENTE ?
- IL PROBLEMA DELLO SCREENING

□ AZIONE PREVENTIVA SULLA INSORGENZA ?

Long-Term Mortality after Gastric Bypass Surgery

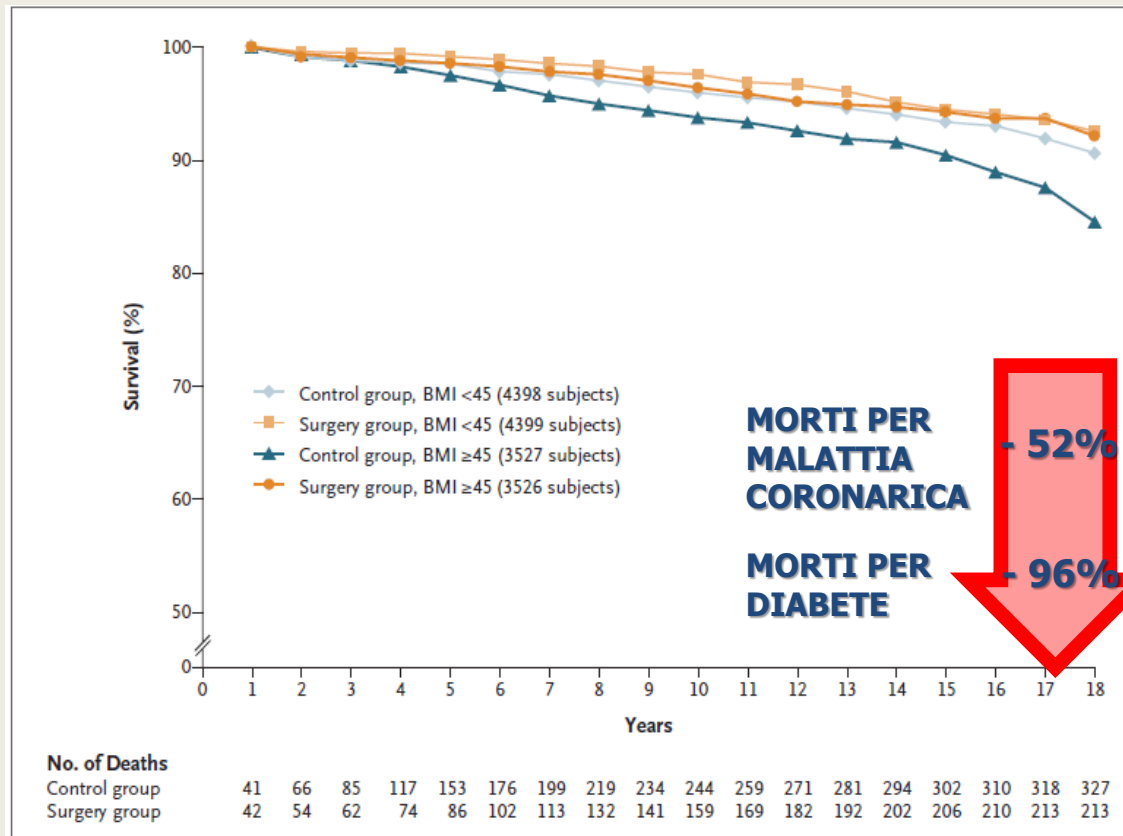
Ted D. Adams, Ph.D., M.P.H., Richard E. Gress, M.A., Sherman C. Smith, M.D., R. Chad Halverson, M.D., Steven C. Simper, M.D., Wayne D. Rosamond, Ph.D., Michael J. LaMonte, Ph.D., M.P.H., Antoinette M. Stroup, Ph.D., and Steven C. Hunt, Ph.D.

The NEW ENGLAND JOURNAL of MEDICINE

Obesity (Silver Spring). 2009 April ; 17(4): 796–802. doi:10.1038/oby.2008.610.

Cancer Incidence and Mortality After Gastric Bypass Surgery

Ted D. Adams^{1,2}, Antoinette M. Stroup³, Richard E. Gress¹, Kenneth F. Adams⁴, Eugenia E. Calle⁵, Sherman C. Smith⁶, R. Chad Halverson⁶, Steven C. Simper⁶, Paul N. Hopkins¹, and Steven C. Hunt¹



Surgery (GBP) Vs No surgery
6596 pts Vs 9442 pts
Mean FU: 12.5 y

CANCER INCIDENCE	- 24%
CANCER MORTALITY	- 46%

Per 1,000 GBP → 5.6 cancer deaths prevented

□ AZIONE PREVENTIVA SULLA INSORGENZA ?

Original article

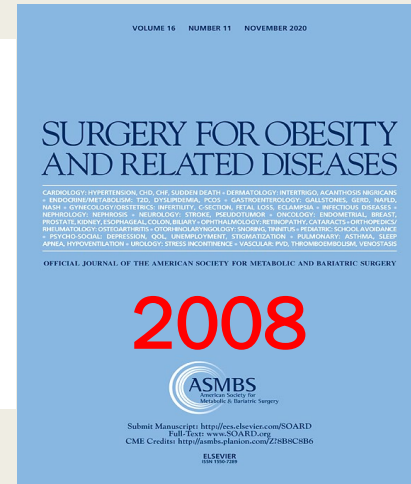
Bariatric surgery reduces cancer risk in morbidly obese patients

Nicolas V. Christou, M.D., Ph.D.^{a,*}, Moishe Lieberman, M.D.^a,
Fotini Sampalis, M.D., Ph.D.^a, John S. Sampalis, Ph.D.^{a,b}

Pts 1035 Vs 5746
(811 gbp - 194 vbg)

	Bariatric	Control	Estimate	95% CI	value
Any cancer	21 (2.03)	487 (8.49)	.22	.143–.347	.001
Breast	12 (1.16)	362 (6.31)	.17	.098–.311	.001
Colorectal	2 (.19)	35 (.61)	.32	.076–1.313	.063
Pancreas	1 (.10)	19 (.33)	.29	.039–2.175	.166
Endometrial	3 (.29)	20 (.35)	.83	.246–2.779	.524
Kidney	0 (0)	6 (.10)	NC	NC	.369
Myeloma	0 (0)	7 (.12)	NC	NC	.313
Melanoma	2 (.19)	27 (.47)	.41	.097–1.723	.158
Non-Hodgkin's lymphoma	1 (.10)	11 (.19)	.50	.065–3.091	.432

80%
REDUCTION
CANCER
RISK
Within 5 Years




□ AZIONE PREVENTIVA SULLA INSORGENZA ?

Obesity Surgery (2020) 30:1265–1272
<https://doi.org/10.1007/s11695-019-04368-4>

ORIGINAL CONTRIBUTIONS

Effects of Bariatric Surgery on Cancer Risk: Evidence from Meta-analysis

Kui Zhang¹ · Yupeng Luo² · Hao Dai¹ · Zhenhua Deng¹ 

	<i>N</i> ^a	Case/control	OR (95%CI)	<i>P</i> ^b
Overall	23	304,516/8,492,408	0.56 (0.48–0.66)	<0.001
Outcome				
Incidence	13	218,546/7,763,028	0.56 (0.46–0.68)	<0.001
Mortality	10	92,951/739,503	0.56 (0.41–0.75)	<0.001
Cancer type				
Breast cancer	7	56,655/144,359	0.49 (0.33–0.72)	<0.001
Colorectal cancer	4	34,807/86,593	0.82 (0.41–1.64)	0.003
Endometrial cancer	4	29,631/78,598	0.43 (0.26–0.71)	0.010
Pancreatic cancer	3	29,829/81,615	0.70 (0.24–2.01)	0.068
Gastric bypass				
Incidence	3	16,552/19,398	0.39 (0.11–1.33)	0.131
Mortality	5	32,233/273,162	0.47 (0.32–0.69)	<0.001

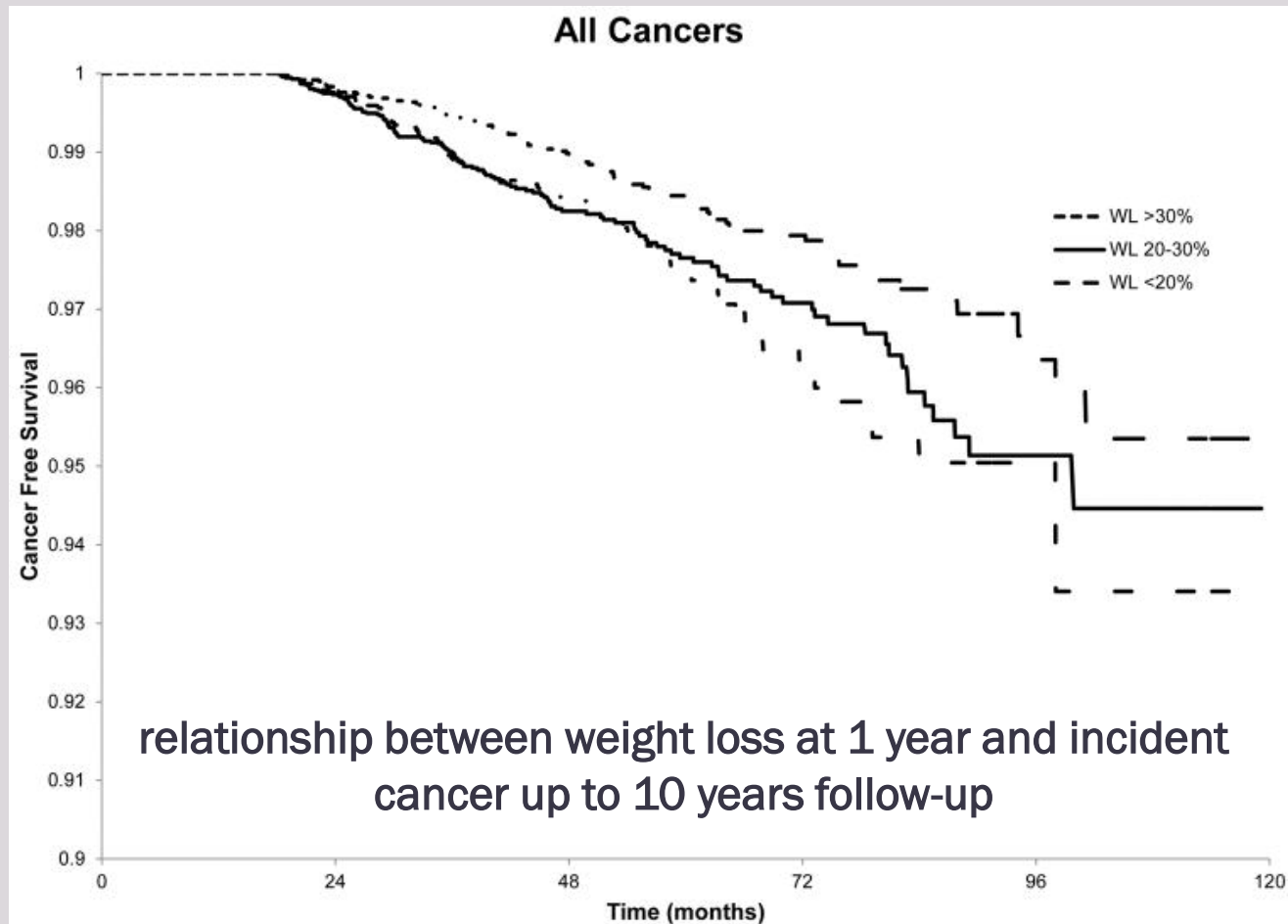
“Bariatric surgery for severe obesity was associated with decreased cancer risk, both for cancer incidence and mortality.”

□ QUAL E' IL MECCANISMO ?

Obesity (Silver Spring). 2017 November ; 25(Suppl 2): S52–S57. doi:10.1002/oby.22002.

Association between Weight Loss and the Risk of Cancer after Bariatric Surgery

Daniel P. Schauer, MD, MSc¹, Heather Spencer Feigelson, PhD, MPH², Corinna Koebnick, MSc, PhD³, Bette Caan, DrPH⁵, Sheila Weinmann, PhD, MPH⁶, Anthony C. Leonard, PhD⁷, J. David Powers, MS², Panduranga R. Yenumula, MD⁵, and David E. Arterburn, MD, MPH⁸

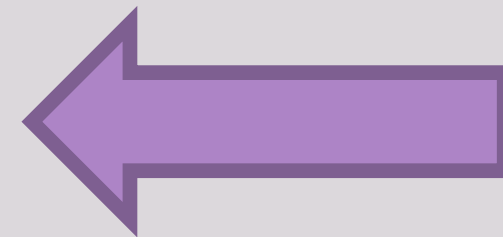
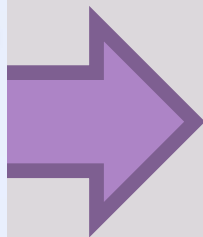
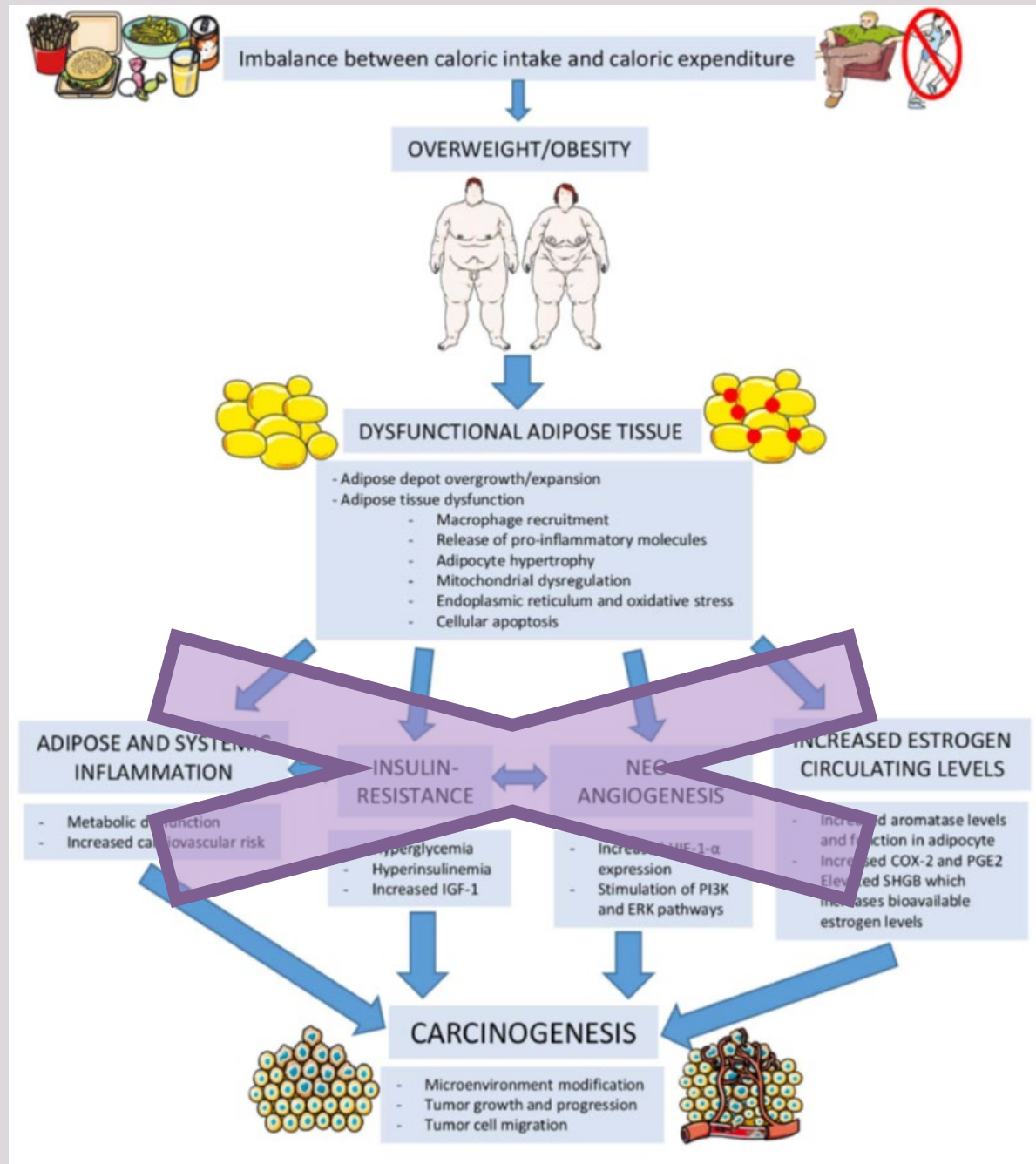


“Weight loss after bariatric surgery was associated with a lower risk of incident cancer.”

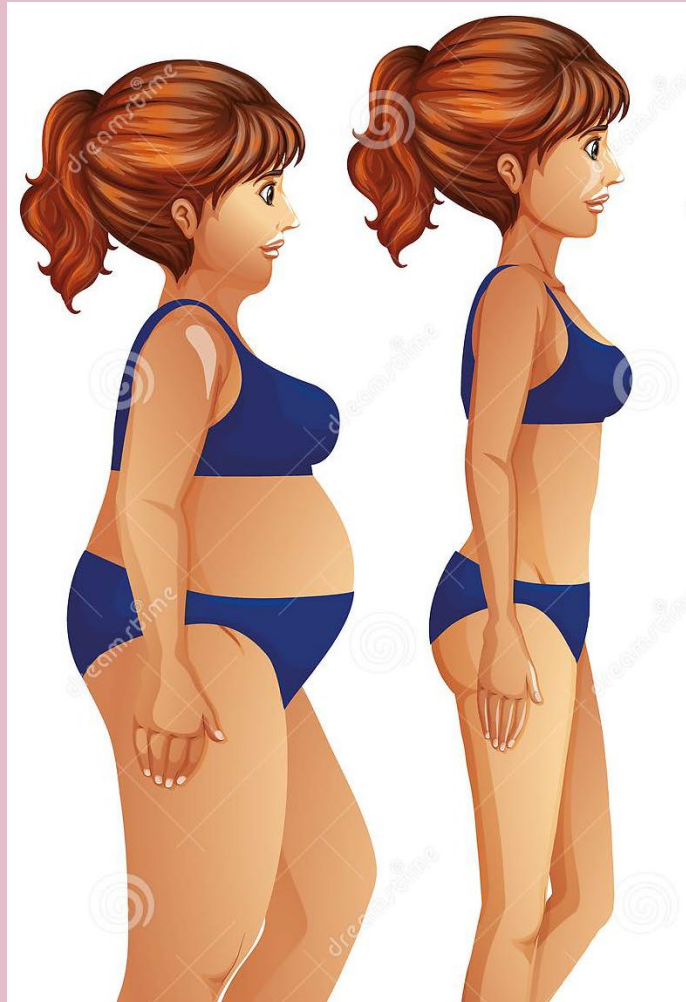
Bariatric Surgery and Cancer risk explained by weight loss

Not independently associated with surgery

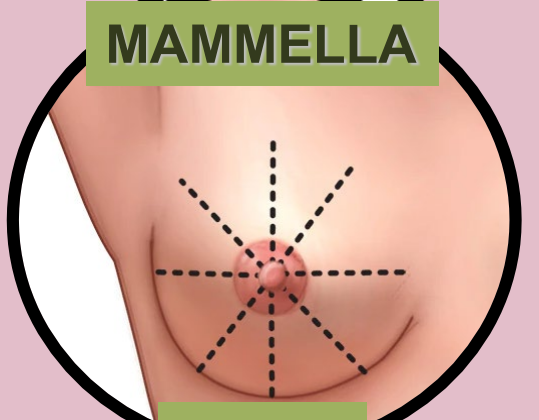
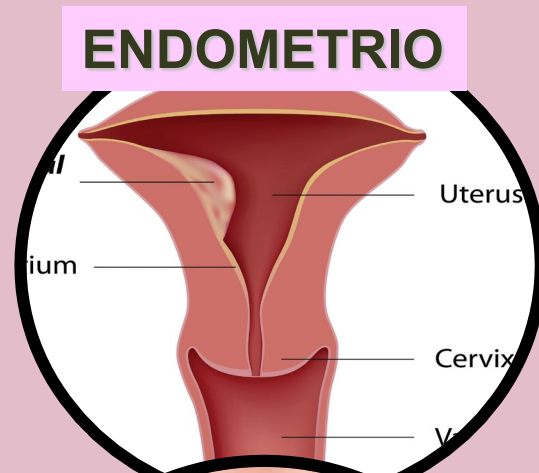
□ QUAL E' IL MECCANISMO ?



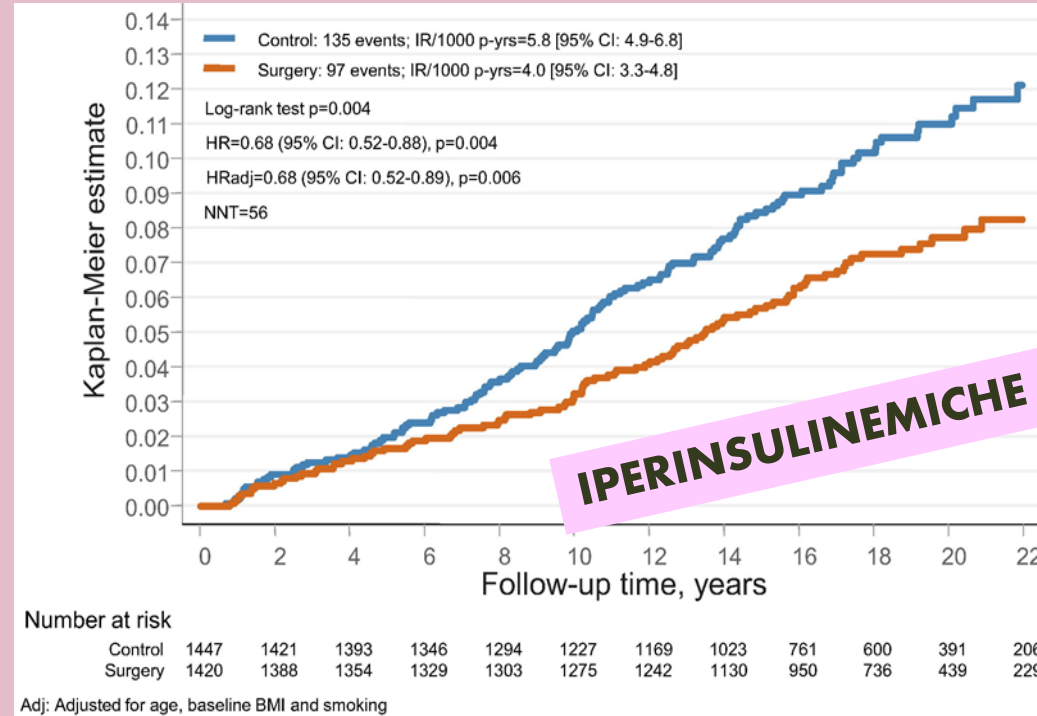
CHI NE BENEFICIA MAGGIORMENTE ?



SESSO FEMMINILE



**SOS STUDY
2867 WOMEN
M FU 18.1 y**



□ CHI NE BENEFICIA MAGGIORMENTE ?

59 Obese Pts → ENDOMETRIAL BIOPSY

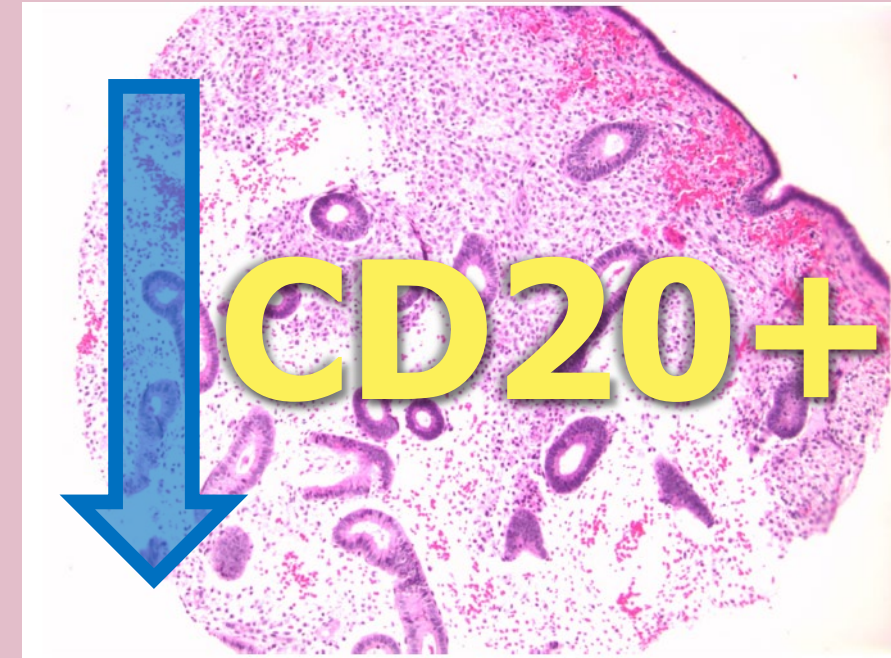
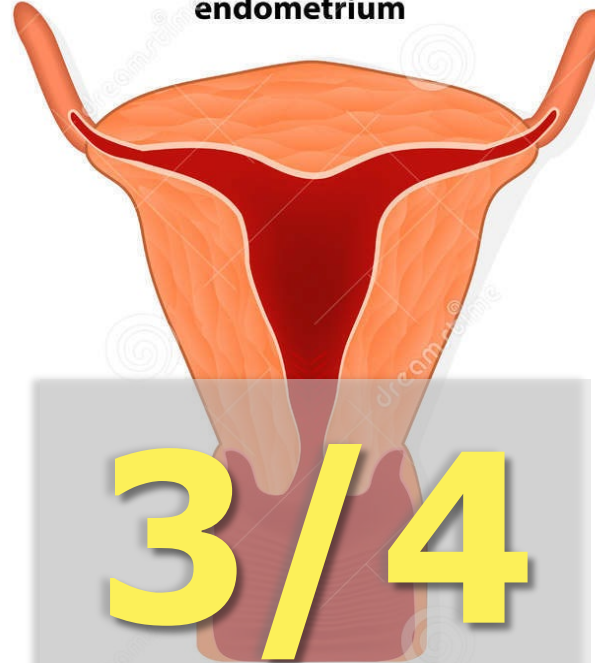
PRE-SURG

Endometrial
hyperplasia



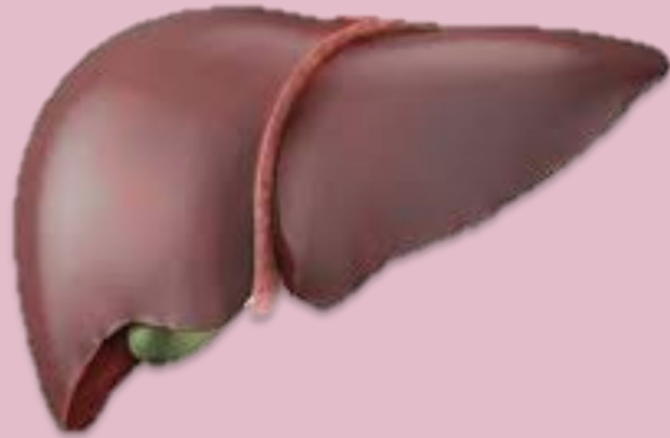
1 y POST-SURG

Normal
endometrium



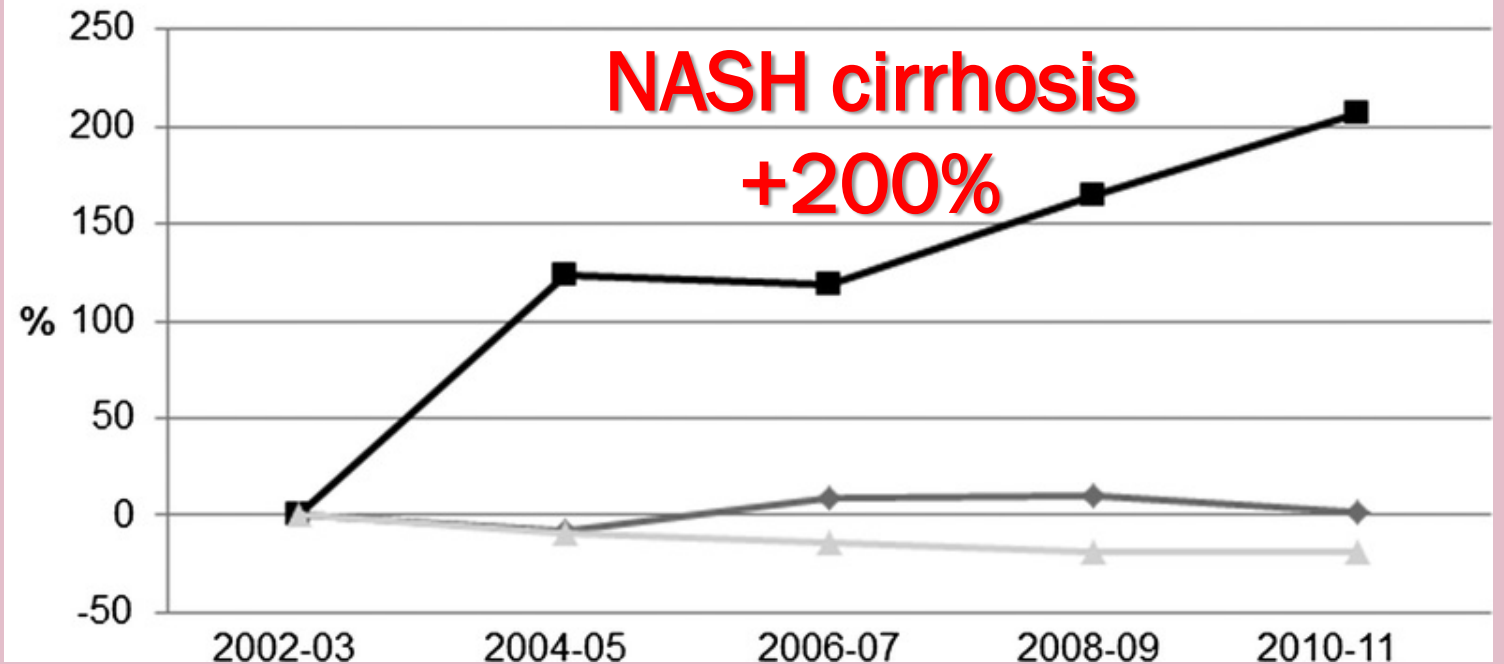
CHIRURGIA BARIATRICA PREVIENE CANCRO ENDOMETRIO

□ CHI NE BENEFICIA MAGGIORMENTE ?

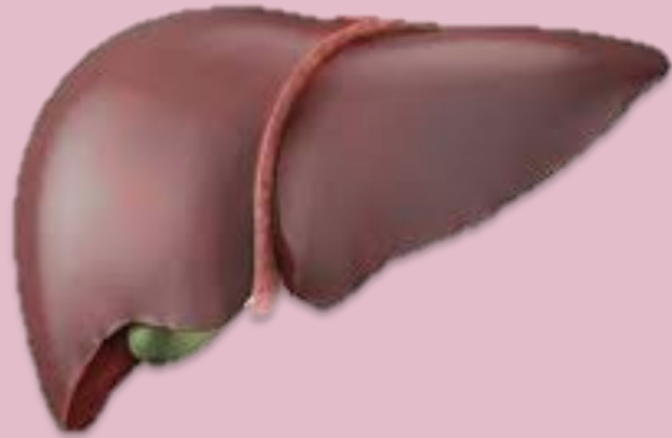


Nonalcoholic Steatohepatitis Is the Most Rapidly Growing Indication for Liver Transplantation in Patients With Hepatocellular Carcinoma in the U.S.

Robert J. Wong,^{1,2} Ramsey Cheung,^{1,2} and Aijaz Ahmed¹



□ CHI NE BENEFICIA MAGGIORMENTE ?



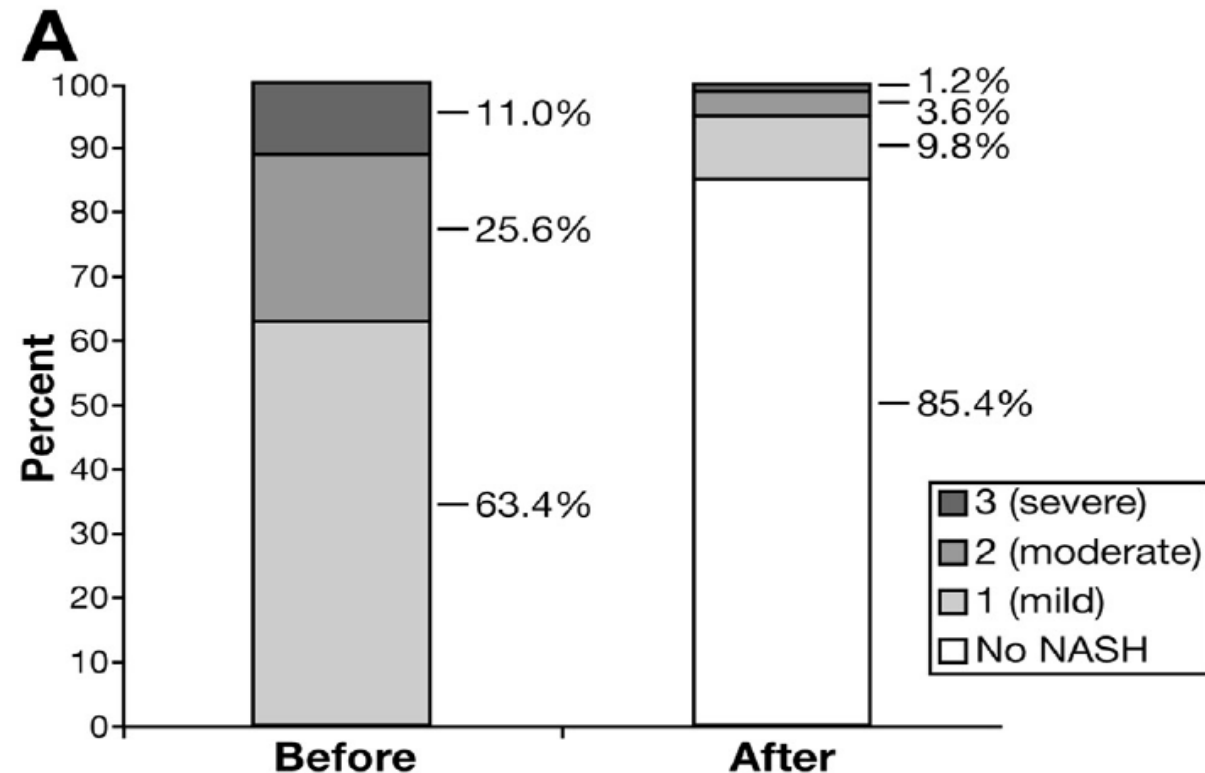
109 Obese Pts
1 y FU

Gastroenterology 2015;149:379-388

Bariatric Surgery Reduces Features of Nonalcoholic Steatohepatitis in Morbidly Obese Patients



Guillaume Lassailly,^{1,2,*} Robert Caiazzo,^{3,4,*} David Buob,⁵ Marie Pigeyre,⁶ H el ene Verkindt,⁴ Julien Labreuche,⁷ Violeta Raverdy,⁴ Emmanuelle Leteurtre,⁵ S ebastien Dharancy,^{1,2} Alexandre Louvet,^{1,2} Monique Romon,⁶ Alain Duhamel,⁷ Fran ois Pattou,^{3,4} and Philippe Mathurin^{1,2}



□ IL PROBLEMA DELLO SCREENING

➤ **OBESITA' RIDUCE FREQUENZA E QUALITA'**



Mammography

- Discomfort « TOO MUCH PAIN ! »
- Breast density reduces accuracy

Elmore et Al. Arch Intern Med 200

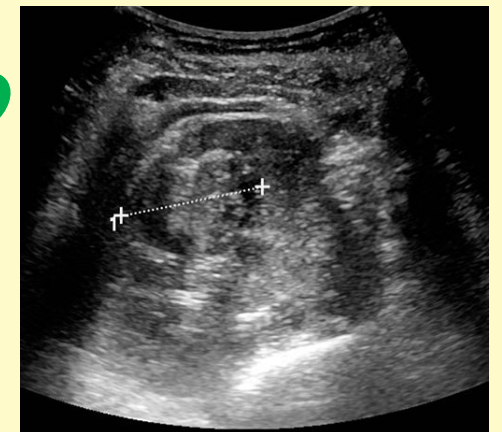
Colo-Rectal Cancer

- Endoscopy and FOBT -25%
- « EMBARRASSMENT ! »

Seibert RG, et Al Am J Prev Med
2017

➤ **RUOLO DEL WORK-UP PRE-OPERATORIO**

Ca renale diagnosticato in corso di eco per studio steatosi



CHIRURGIA BARIATRICA e NEOPLASIE

□ AZIONE PREVENTIVA SULLA INSORGENZA ?

CERTAMENTE SI !

□ QUAL E' IL MECCANISMO ?

PESO CORRELATO

□ CHI NE BENEFICIA MAGGIORMENTE ?

SESSO FEMMINILE

□ IL PROBLEMA DELLO SCREENING

**PIU' SCREENING DOPO DIMAGRIMENTO E
PERCORSO BARIATRICO**



Obesity Surgery and Cancer: What Are the Unanswered Questions?

Lidia Castagneto-Gissey^{1*}, James Casella-Mariolo¹, Giovanni Casella¹ and Geltrude Mingrone^{2,3,4*}

¹Department of Surgical Sciences, Sapienza University of Rome, Rome, Italy, ²Division of Diabetology and Nutritional Sciences, Fondazione Policlinico Universitario A. Gemelli IRCCS, Rome, Italy, ³Division of Diabetology and Nutritional Sciences, Università Cattolica del Sacro Cuore Rome, Rome, Italy, ⁴Division of Diabetology and Nutritional Sciences, Faculty of Life Sciences and Medicine, King's College London, London, United Kingdom

Obesity has become a global epidemic with a soaring economic encumbrance due to its related morbidity and mortality. Amongst obesity-related conditions, cancer is indeed the most redoubtable. Bariatric surgery has been proven to be the most effective treatment for obesity and its associated metabolic and cardiovascular disorders. However, the understanding of whether and how bariatric surgery determines a reduction in cancer risk is limited. Obesity-related malignancies primarily include colorectal and hormone-sensitive (endometrium, breast, prostate) cancers. Additionally, esophago-gastric tumors are growing to be recognized as a new category mainly associated with post-bariatric surgery outcomes. In fact, certain types of surgical procedures have been described to induce the development and subsequent progression of pre-cancerous esophageal and gastric lesions. This emerging category is of great concern and further research is required to possibly prevent such risks. Published data has generated conflicting results. In fact, while overall cancer risk reduction was reported particularly in women, some authors showed no improvement or even increased cancer incidence. Although various studies have reported beneficial effects of surgery on risk of specific cancer development, fundamental insights into the pathogenesis of obesity-related cancer are indispensable to fully elucidate its mechanisms.

Keywords: bariatric surgery, cancer incidence, mortality, hormone-sensitive cancer, gastroesophageal cancer

INTRODUCTION

The incessant rise of obesity and overweight have configured a state of global epidemic, affecting 1.9 billion and 650 million adults worldwide by 2016, respectively (1). Overall mortality is increased by obesity and its related conditions (2). Amongst these, cancer is indeed the most redoubtable. High body mass index (BMI), namely BMI > 40 kg/m², has clearly been linked to a greater risk of both common and rare malignancy incidence and mortality rates (3, 4).

Obesity-related neoplasms primarily include colorectal and hormone-sensitive (endometrium, postmenopausal breast, prostate) cancers. Bariatric/metabolic surgery (BMS) has been extensively acknowledged to be the most efficacious treatment option for the cure of severe obesity and the number of procedures performed is exponentially growing globally (5–7) (Figure 1). Overall mortality has also been demonstrated to be decreased after BMS (8). On the contrary, it is uncertain whether BMS has any influence over cancer-related mortality.

It is certainly the remission of obesity that has been postulated to be at the basis of cancer incidence reduction or prevention (3, 9–11). Mechanisms involved in obesity-related cancer

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ELSEVIER



Surgery for Obesity and Related Diseases 16 (2020) 713–724

SURGERY FOR OBESITY
AND RELATED DISEASES

ASMBS Guidelines/Statements

ASMBS position statement on the relationship between obesity and cancer, and the role of bariatric surgery: risk, timing of treatment, effects on disease biology, and qualification for surgery

Saber Ghiassi, M.D.^a, Maher El Chaar, M.D.^b, Essa M. Aleassa, M.D.^{c,d},
Fady Moustarah, M.D.^e, Sofiane El Djouzi, M.D.^f, T. Javier Birriel, M.D.^g,
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Clinical Issues Committee

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Preamble

The following position statement is issued by the American Society for Metabolic and Bariatric Surgery in response to numerous inquiries made to the Society by patients, physicians, Society members, hospitals, health insurance payors, the media, and others, regarding the relationship between obesity and cancer. This includes the increased incidence of cancer in patients with obesity, how obesity can impact conventional cancer screening, recommended cancer screening before bariatric surgery, the beneficial impact of weight loss not only on future cancer risk but on prolonged survivorship after cancer treatment, the timing of cancer treatment related to bariatric treatment in specific patients, and whether patients with active cancers may, in fact, be considered for bariatric surgery despite older guidelines to the contrary. This statement will also discuss ethical issues related to patients who decline cancer screening before

bariatric surgery. In this statement, a summary of current, published, peer-reviewed scientific evidence, and expert opinion is presented. The intent of issuing such a statement is to provide available objective information about these topics. The statement is not intended as, and should not be construed as, stating or establishing a local, regional, or national standard of care. The statement will be revised in the future as additional evidence becomes available.

Increased fat mass—particularly visceral fat—has been associated with an elevated incidence of a number of malignancies including cancers of the breast, endometrium, cervix, prostate, thyroid, stomach, liver, kidney, pancreas, gallbladder, and some ovarian subtypes [1–3]. Overweight and obesity are also found to be associated with esophageal adenocarcinoma, colon and rectal cancer, multiple myeloma, non-Hodgkin's lymphoma, and more recently melanoma [2,3]. GLOBOCAN, a comprehensive cancer surveillance database managed by the International Association of Cancer Registries, estimated in 2012 approximately 28,000 (3.5%) new cases of cancer in men and 72,000 (9.5%) in women were because of obesity as identified by elevated body mass index (BMI) [4]. This incidence

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